

**JFK SENIOR CENTER  
1580 EAST 332 STREET  
EASTLAKE, OHIO 44095  
975 - 4268  
JFKseniorcenter@aol.com  
Frank Doberdruk-Senior Coordinator  
Hours: 8 a.m. - 4 p.m.**

## **JUNE 2008**

You can find this brochure on line at "www.eastlakeohio.com"

### PROGRAMS

The JFK Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

BINGO	MON-FRI	12:30—3:00 P.M.
	\$ .03 per Card	
PINOCHLE	FRIDAY	12:30 P.M.
(BEGINNERS AT 10:30 AM WITH LORRAINE LONGO)		
LINE DANCING	TUES.	12:30 P.M.
"	THURS.	1:00 P.M.
TAI CHI	WEDS.	8:30 A.M.
LCR DICE GAME	4th THURS.	12:30 P.M.
CERAMICS	MON., TUES., WED, FRI.	
	\$12/12 WEEK SESSION	
WOODBURNING	TUES.	9:00 A.M.
SENIOR SINGERS	MON.	10:00 A.M.
CRAFTY KNITTERS	THURS.	9:00 A.M.
WATERCOLOR CLASS	THURS.	10:00 A.M. -12 NOON

### **A BODY IN MOTION....**

EXERCISE WITH STEPHANIE  
SIT DOWN EXERCISE  
Mondays 12:45 P.M. & Thursdays 9:15 A.M.  
IMPACT AEROBICS  
Mondays 1:30 P.M. & Thursdays 10:00 A.M.  
STRETCH & TONE  
Tuesdays 9:15 A.M. - 10:00 A.M.  
FREE PROGRAMS  
*Stop in & try a class.*

### **OUR THOUGHTS**

**\*This section is reserved for our members who are ill. Please help us keep it updated.**

Get well wishes are extended to Betty Azre, Fritz Barthol, Dolores Bisbee, Kathy Bloor, Betty Carr, Janet Fellague, Gussie Finotti, Violet Locher, Loretta Lukanc, Mary Martincic, Bill Matejka, Pat Moldovan, Margaret Svoboda, Lee Terrell, Robert Terrell, and Ruth Werstat.

Our sincere sympathies are extended to the friends and families of Mary (Mitzie) Badza and Margaret Simpson.

### **NEW CENTER POLICY:**

**ANYONE THAT SUBMITS A CHECK FOR DEPOSIT MUST HAVE THE MONEY IN THE BANK TO COVER THAT CHECK. NO EXCEPTIONS.**

### **FRIENDLY VISITORS**

We have approximately twenty trained volunteers who as a group, visit people in nursing homes. This is a very rewarding and fun-filled program. We are looking for more volunteers for a few hours a month. Call or stop in the office for more information.

**Visit Days: Wednesday, June 11 and 25      Time: 9:00 a.m.**

### **FOOT DOCTOR**

Dr. Coppers will be here on **Wednesday, June 18 from 8:00 to 3:30 p.m.**  
**\$10.00 DONATION IS PAID AT APPOINTMENT.**

### **SPECIAL THANKS!!!**

Tom and Sarah Bird's son has donated a brand new Dell computer to our Center. Thanks! Thanks! Thanks!

### **AFTERNOON AT THE MOVIES**

This month's movie will be "National Treasure 2."

**Date: Thursday, June 19**

**Time: 12:30 p.m. Free**

### **BOARD AND OPEN MEETINGS**

**Our Board meeting (9:00 AM) and Open meeting (11:00 AM) will take place on Tuesday, June 10.**

### **"OSHIIP" (OHIO SENIOR'S HEALTH INSURANCE INFORMATION PROGRAM)**

A trained counselor will be here at the Center on **Thursday, June 5 and 19 from 10:00 -11:30 a.m.** He'll help explain your health care (hospital and doctor) bills. He will also make the necessary calls to help you get answers. No appointment necessary.

### **LUNCH BUNCH**

This month we will be going to Baker's Square for one of their "Pick 3" specials. Mix and match to suit your taste with a selection from three of the following four categories: soup, salad, half sandwich, slice of pie. There are lots of delicious choices in each category.

**Date: Wednesday, June 11 Time: 11:00 a.m.**

**Cost: \$11.50 (Includes your "Pick 3"; choice of coffee, tea or soda; tip and transportation)**

### **CLEANING THE CENTER**

Join the fun!! The April work parties are scheduled for **Wednesday, June 11 and 25.** Meet in the lunch room after lunch.

### **RED HAT PEARL BELLES**

We will have our regular meeting at the Senior Center.

**Date: Monday, June 16 Time: 12:30 p.m.**

Any questions call Queen Pat @216-408-3464.

### **BLOOD PRESSURE: All BP Readings are 10:30-11:30 AM**

In cooperation with *Breckenridge Senior Independence*, a nurse will be at the Center checking everyone's Blood Pressure on **Tuesday, June 10.**

### **HOSPICE LECTURE**

Join Jen Penteck from "Harbor Lights" as she discusses Hospice, the variety of Hospice organizations, and how they work.

**Date: Wednesday, June 11**

**Time: 10:30 a.m.**

**Cost: Free**

### **MEDICAL ALERT TAGS**

Enjoy a lecture on a device that could save your life. See how it works and how much it costs. Free Refreshments.

**Date: Wednesday, June 4**

**Time: 10 a.m.**

**FREE**

### **CAROUSEL DINNER THEATRE**

Join us for a delicious dinner and "Viaggio," spectacular entertainment in the style of Cirque du Soleil. Follow a young child on her journey to a world filled with colorful fantasy creatures and hauntingly beautiful music.

**Date: Wednesday, July 23**

**Time: 11 a.m. – 6 p.m.**

**Cost: \$44.00 (includes dinner, show and transportation)**

### **FAIRWAYS TOUR**

Visit one of the best assisted living facilities in Lake County, The Fairways.

**Date: Monday, June 30 Time: 10:15 a.m.-11:30 a.m. Cost: FREE**

### **TRIP MEETING**

There will be a meeting on the **Turning Stone** trip on **Monday, June 2 at 1 p.m.**

There will be a meeting on the **Colorado** trip on **Monday, June 9 at 1pm.**

There will be a meeting on the **Alaska 2009** trip on **Thursday, June 12 at 1 p.m.**

We will have a meeting on the **Vermont** trip on **Tuesday, September 16 at 1 p.m.**

### **RABBIT RUN THEATER**

Join us for laugh filled evening to see "Moon over Buffalo." On tour in Buffalo, aging husband and wife acting team, George and Charlotte Hay, are given one more shot at fame and fortune. Hilarity abounds as misunderstandings and misadventures carry the day in this madcap comedy.

We will be provided with cookies and lemonade. There are still a few seats left.

**Date: Friday, June 13 Time: 6:30-10:30 p.m. Cost: \$16.00**

### **TARA AND MORE**

Trip includes stops at The Cheese House, Philadelphia Candies, and Kraynaks, as well as shopping in Volant, PA and lunch and tour at Tara. See flyer for details.

**Date: Tuesday, June 24 Time: 7:00 a.m. – 6:30 p.m. Cost: \$40.00**

### **BREAKFAST INSIDE/OUT**

Eat, drink and be merry in our new picnic area. Breakfast will include: 3 pancakes, 3 sausages and orange juice.

**Date: Friday, June 13**

**Time: 9 a.m.**

**Cost: \$2.00**

### **NEW YORK PLAYHOUSE MUSICAL**

Enjoy the dance and music of the Lake MetroPark's Show Biz Kids. They will be performing live in our dining room after our inside/out breakfast.

**Date: Friday, June 13**

**Time: 10 a.m.**

**Free**

### **CLEVELAND SIGHT CENTER**

The JFK Senior Center and the Sight Center are partnering to provide a "support group." Trained professional will be available to give advice, support and offer suggestions in order to make life better for people who are blind, legally blind or with low vision.

**Date: Monday, June 9**

**Time: 10:30 a.m.**

### **ZOO TRIP**

Travel with us to the Cleveland Zoo! It's Senior Day at the Zoo, so join the fun.

**Date: Friday, June 27**

**Time: 9:30 a.m. – 2:30 p.m.**

**Cost: \$2.00 (Lunch on your own at the Zoo)**

### **COLORADO AND ITS SCENIC TRAINS**

Sign up for this beautiful and exciting trip begins on October 1, 2007. This trip of 6 to 12 days (depending on the type of transportation you choose from here to Colorado) is for August of 2008. Your choices are:

1. August 1-12, 2008 bus to and from Colorado
2. August 3-11, 2008 Amtrak to and from Colorado
3. August 4-9, 2008 plane to and from Colorado

Costs for options 1 and 2 are \$1395 per person, double; \$1650 per person, single; \$1315 per person, triple; \$1275 per person, quad. Costs for option 3 are \$1295 per person, double; \$1550 per person, single; \$1215 per person, triple; \$1175 per person, quad. **Checks payable to: Tour of the Month. Deposit: \$75.00 per person. Insurance: \$95.00 per person. Final payment is due June 15, 2008.**

See flyers for additional information!

### **HARTVILLE FLEA MARKET**

Enjoy the country this summer and get some good deals on fruit and produce.

**Date: Monday, June 9**

**Time: 8:15 a.m. – 3:00 p.m.**

**Cost: \$2.00**

### **NEW PAVILLION BBQ**

Celebrate the new picnic pavilion and enjoy a lunch of marinated chicken breast, salad and baked potato.

**Date: Friday, June 6**

**Time: 12 noon**

**Cost: \$3.00**

### **TAKE NOTICE! WII RELOCATION**

The Senior Center has relocated the Wii Game to a new location to be called the Fun Center. It is located behind the Library. A bowling league will begin in July. So get a team together and join us for some fun.

### **NEWS HERALD**

Effective June 1, 2008, the cost to purchase the News Herald at the Center will be 25 cents per copy.

### **FAIRGROUNDS GAMING & RACEWAY**

Join us for a day of fun at Hamburg, New York on **Wednesday, July 9**. We will be leaving at 7:30 a.m. and returning at 9:30 p.m. The price is \$29, with a casino bonus of \$10 gaming voucher and \$5 food coupon (subject to casino policy & may change or cancel without notice).

### **MYSTERY TRIP**

Enjoy a new park in Geauga County and a picnic. Then visit a new facility and plan for fun. Dress is casual.

**Date: Wednesday, June 18**

**Time: 10:15 a.m.-3:30 p.m.**

**Cost: \$2.00 (includes lunch)**

### **VERMONT TOUR**

We will be touring beautiful Vermont from **October 6-11**. Cost is \$635 per person based on double occupancy (\$275 single supplement). Included in this trip are five nights accommodations; four dinners (including Champlain Dinner Cruise); three continental breakfasts; admission to Morse Sugar Farm, Ben & Jerry's Ice Cream, Shelburne Museum, Vermont Teddy Bear Factory, UVM Morgan Horse Farm; visits to Trapp Family Lodge, Cold Hollow Cider Mill, Stowe village, Danforth Pewter, Lake Champlain Chocolate Factory, Middlebury; local guide with group while in Vermont, and baggage handling.

### **HIKE**

Join us for a trip to Hell's Hollow in LeRoy with lunch afterwards at Capp's.

**Date: Tuesday, June 17**

**Time: 10:00 a.m. – 11:30 a.m.**

**Cost \$1.00 (lunch is on you)**

### **COLLINWOOD GROUP**

We will be meeting in the Band Room on **Thursday, June 19 at 12:30 p.m.** Any senior who graduated, lived, or worked in the Collinwood area is invited to join our group. We have fun at our meetings where we plan our parties, picnics, and trips. Join and have fun!

### **MEET OUR AMISH FRIENDS**

A fun and busy day is planned with the first stop at Holtz House Furniture & Quilt Shop where we will have coffee and a sweet treat. Then on to Middlefield Bakery, Middlefield Original Cheese Co-op (cheese samples), an Amish home cooked wedding feast, Amish school house, Ridgeview Farm (strawberries) and finish with End of the Commons (ice cream cone).

**Date: Friday, June 20**

**Cost: \$36.00**

### **MIDDLEFIELD FLEA MARKET**

Enjoy the deals and specials at Geauga County's oldest market. Get fresh produce from local farmers. Lunch is at Crossroads Country Café in downtown Middlefield with a choice of croissant sandwich/soup, chicken & dumplings, or roast pork/mashed potatoes.

**Date: Monday, June 23**

**Time: 9:00 a.m.-2:30 p.m.**

**Cost: \$12.00 (includes transportation and meal, but not tip)**

### **WHEELING ISLAND CASINO AND RACING**

Join us for a busy day of gambling, eating and more. We will be going on **Thursday, November 20**, with the bus leaving at 8:15 a.m. and returning at 10:45 p.m. Cost is **\$30** and includes a casino bonus of \$10 coin and live racing program, subject to casino policy and may change or cancel without notice. Included in this wonderful trip is the Festival of Lights tour with a step on guide at Oglebay Park of Lights. See flyer for additional information.

### **CAPTAIN'S GAME**

Enjoy an afternoon at the ball park. It is Senior Day at Classic Stadium, bingo and baseball, what could be better.

**Date: Wednesday, June 25**

**Time: 11:00 a.m. – 4:00 p.m.**

**Cost: \$8.00 (includes ticket and bus transportation)**

### **MEADOWS CASINO & RACETRACK**

We will be riding to Meadow Lands, PA on **Thursday, October 23**. The bus will be leaving at 8:00 a.m. and returning at 9:00 p.m. Cost is **\$26** with a casino bonus of \$10 slot play and \$5 food, subject to casino policy and may change or cancel without notice. See flyer for further details.

### **MOUNTAINEER CASINO**

Join us for a day of fun at Mountaineer Casino on **Tuesday, September 30**. We will be leaving at 8:00 a.m. and returning at 8:00 p.m. The cost is **\$21** with a casino incentive of \$10.00 in coins, subject to casino policy and may change or cancel without notice. See flyer for additional information.

### **GOOD OLD DAYS**

This trip has been re-scheduled. We will visit the largest private collection of World War II memorabilia, including 60 restored and operating vehicles. President McKinley's birthplace, home and memorial library will be on our agenda, along with a behind the scenes tour and sample at Handel's Homemade Ice Cream Store. Lunch will be a buffet at Vernon's Italian Restaurant. Our step on guide will be Sharron of Ridgeview Country Tours.

**Date: Friday, July 11 Time: 8:30 a.m.-5:00 p.m.**

**Cost: \$38 (includes tour, lunch and tip)**

### **GOLF**

Sign up to golf at Pepperidge Tree Golf Course on **Thursday, June 12 at 9 a.m.** The cost will be **\$11.00**. We need a minimum of 16 golfers prepaid by **June 9** to make this trip a go.

### **MIKE ZELVER TRIO**

Center member, Mike Zolver will perform on **Wednesday, June 11 at 1:00 p.m.** with his trio featuring Joe DeBenedictus on keyboard and Ivan "Big Ivo" Williams on bass. Join us for an hour of listening or dancing to some of your favorite romantic melodies and swingin' standards. This FREE program will be in the Dining Room.

### **THE BEST OF ALASKA AND THE YUKON**

Ten nights land tour plus 4 nights on the Holland America's "The Zuiderdam" and post-cruise night in Vancouver. Explore Alaska by ship, comfortable McKinley Explorer railcars, historic narrow gauge railroad, and luxurious motor coach. Highlights include: extra day in Denali, 102 mile cruise on the Yukon Queen on the Yukon River, Dawson City, Glacier Bay with on-board Park Ranger, and more. Dates are June 25 – July 9, 2009.

Special presentation on **Thursday, June 12, 2008 at 1:00 p.m.** Refreshments.

**Pre-registration please.**

